

St Marks PE Map

	Autumn Term				Spring Term				Summer Term			
	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
	PSD	Teacher	PSD	Teacher	PSD	Teacher	PSD	Teacher	PSD	Teacher	PSD	Teacher
Reception	Intro to PE unit 1		Intro to PE unit 1		Ball skills unit 1		Ball skills Unit 2		Games Unit 1		Games Unit 2	
Year 1	Fundamentals	Team building	Sending and receiving	Gymnastics 22-23	Ball Skills	Dance	Fitness	Cricket – Chance to Shine	Athletics	Yoga	Tennis	Target games
Year 2	Fundamentals	Team building	Sending and receiving	Gymnastics 22-23	Ball Skills	Dance	Fitness	Cricket – Chance to Shine	Athletics	Yoga	Tennis	Target games
Year 3	Fitness	Football	netball	Gymnastics 22-23	Basketball	Dance	Yoga	Cricket – Chance to Shine	Athletics	OAA (Outdoor and adventurous)	Tennis	Handball
Year 4	Fitness	Football	netball	Gymnastics 22-23	Basketball	Dance	Yoga	Cricket – Chance to Shine	Athletics	OAA (Outdoor and adventurous)	Tennis	Handball
Year 5	Fitness	Football	netball	Gymnastics 22-23	hockey	Dance	Yoga	Cricket – Chance to Shine	Athletics	OAA (Outdoor and adventurous)	Tennis	Dodgeball
Year 6	Fitness	Football	netball	Gymnastics 22-23	hockey	Dance	Yoga	Cricket – Chance to Shine	Athletics	OAA (Outdoor and adventurous)	Tennis	Dodgeball

+ 15 mins Daily Mile